



Julian House
The home of opportunity

Employability Through Cycle Skills at the Julian House Bike Workshop in Trowbridge

Impact Report

April 2022 – March 2023

34

participants completed our hands-on Build-a-Bike course, refurbishing a donated bike over the course of 4 weekly sessions and riding away on it at the end

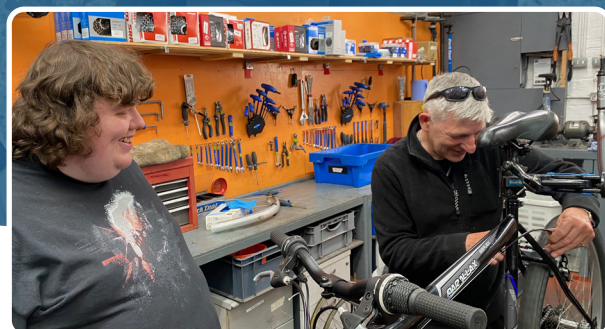
9

participants received tailored one-to-one support to help them reach their personal employment and education goals

14

participants gained AQA accreditations in Building a Bike, Maintaining a Bike, and Health & Safety at Work

All gained essential employability skills and experiences, as well as a much-needed confidence boost



Project participants receive tailored, one-to-one support from our Employment Support Worker, Ben

In exit surveys:

66%

of participants rated their flexibility (ability to adapt to changing situations) as excellent or good

100%

of participants rated their skills in team working as excellent or good

100%

of participants rated their time management skills as excellent or good

100%

of participants had more confidence in themselves and their abilities

100%



of clients said the project had a positive impact on their mental health and emotional wellbeing

100%



of clients rated their experience of the project as excellent or good

Ben's Story

“What led me here in the first place was my anxiety issues. I'm socially awkward and find talking to people very difficult, which made school hard to deal with and affects me in lots of ways. The Building Bridges scheme recommended that I try going to Julian House bike workshop, and at first I was thinking 'no way am I doing that.'”

I was a bit nervous about getting involved to start with, as I didn't really know what to expect. On my first day I met the mechanics, who were really kind and supportive and helped me pick out a bike to fix up. Before doing this, I'd never had much interest in bikes and never done anything like this before.

I'm quiet and can get anxiety easily, but the team were really helpful and taught me how to take a bike apart from scratch and build it back again, after only 4 sessions. It's been good for my confidence, although I still find things hard it definitely helped. I got to keep the bike too, which was great. I'm still using it and now I've come back to volunteer at the workshop and everyone's pleased to see me again, which is nice.”

“Everyone here is friendly, so even if you're like me and have anxiety or find things hard, I would say to give it a go. I still don't know what I want to do as a career but it's a good first step.”



From 2022-2023, our Trowbridge Employability Through Cycle Skills project produced a social value of

£136,399

250

refurbished bikes were sold at our Trowbridge Bike Workshop

our refurbished bikes are a minimum of

93%

carbon neutral